



PARENT RESOURCES

Bullying can be an isolating experience for both students and parents. Here are resources you can turn to learn how to understand, address, and prevent bullying.

PACER's National Bullying Prevention Center

<http://www.pacer.org/bullying/resources/parents/>

PACER's National Bullying Prevention Center actively leads social change to prevent childhood bullying, so that all youth are safe and supported in their schools, communities and online. PACER provides innovative resources for students, parents, educators, and others, and recognizes bullying as a serious community issue that impacts education, physical and emotional health, and the safety and well-being of students. PACER offers a comprehensive guide for parents to learn what they can do to address and prevent bullying.

StopBullying.gov

<https://www.stopbullying.gov/what-you-can-do/index.html#parents>

StopBullying.gov provides information from various government agencies on what bullying is, what cyberbullying is, who is at risk, and how you can prevent and respond to bullying.

American Psychological Association

<http://www.apa.org/helpcenter/bullying.aspx/How-parents-teachers-and-kids-can-take-action-to-prevent-bullying>

APA is the leading scientific and professional organization representing psychology in the United States. The APA offers recommendations that parents should take to address bullying.

Cyberbullying Research Center

<https://cyberbullying.org/resources/parents>

The Cyberbullying Research Center is dedicated to providing up-to-date information about the nature, extent, causes, and consequences of cyberbullying among adolescents. They offer materials and strategies for parents to help protect their children from cyberbullying.

The Bully Project

<http://www.thebullyproject.com/parents>

The BULLY Project is the social action campaign inspired by the award-winning film BULLY. They've created a national movement to stop bullying, transform kids' lives and change a culture of bullying into one of empathy and action. The Bully Project provides resources to help parents discuss bullying with their kids and a guide for working with a school to resolve a bullying situation.